



MARCH 2010

Resident *Life*

A MONTHLY RESIDENT UPDATE

AMLI at Barrett Lakes **1950 Barrett Lakes Blvd; Kennesaw, GA 30144** **770.514.7300**

AMLI Fit Club

We hope you have been taking advantage of our FREE AMLI Fitness Classes! With the warmer months approaching we look forward to enjoying classes outdoors; however, if weather does not permit all classes going forward will be held in the fitness center. We are also excited to announce our fitness trainer, Triniti, is providing us with a class schedule so you can prepare for your workout! In addition, we will now be holding a few of our classes at Barrett Walk. Please see below for details. We encourage you to take advantage of this excellent opportunity!

Held at Barrett Lakes

- March 1st Cardio Fit – Fitness Center
- March 8th “This Ain't Yo Mama's Boot Camp” - Tennis Courts (bring towel)
- March 15th off Week

Held at Barrett Walk

- March 22nd Group Resistance Training - Weight Room
- March 29th “This Ain't Yo Mama's Boot Camp” - Tennis Courts (bring yoga mat)

Happy St. Patrick's Day

Make sure to join the St. Patrick's Day Party at Keegan's Irish Public House **March 17th**! They are one of our fabulous keychain program members and offer 10% exclusively to AMLI at Barrett Lakes residents! We hope you have a happy and safe Irish Holiday!

Front Gate Access

As you are probably aware our gates are now closed at all times. It is important the gates remain working properly and we need your help in doing so! As a friendly reminder, please do not drive the wrong way through the exit gate or manually force the gates open as this will result in gate malfunction and problems. Please remind your visitors of this as well. If you have misplaced your gate card or gate remote feel free to stop by the office and we will get you set up with a replacement. Gate cards are \$35 and gate remotes are \$50. We appreciate your help in keeping our gates up and running!

Haiti Relief Efforts

Following the tragedy of the earthquake in Haiti, there is a need for direct and swift action to help those trying to recover. Please join us in donating to the Haiti Relief Efforts. Below are easy ways to make a donation and make a difference for the people of Haiti.

- Donate \$10 by texting HAITI to 90999
- Call (800) RED-CROSS
- Visit www.RedCross.org
- Visit www.ClintonBushHaitiFund.org

