



MARCH 2010

Resident *Life*

A MONTHLY RESIDENT UPDATE

AML I at Deerfield
4640 Hedgecoxe Road, Plano, TX 75024
972.943.0507

Thank you!!

We would like to thank everyone who joined us in February for our Wildlife night! We learned lots of great things about the animal population in our area. We would also like to thank La Costa Mexican Restaurant for the wonderful food that they catered for us!! Please visit them at 8201 Ohio Drive or at www.lascostamexicangourmet.com. We also have special discount coupons in the office for AMLI at Deerfield Residents, so please come by to pick one up!!!

Gumball Guessing Game

Please stop by the office from March 5th to March 31st for a shot at a \$25 Target Gift Card. Just guess the number of gumballs in the jar and the gift card will be yours! The winner will be announced on April 1st. Good Luck!

Game Night

Join us in the clubhouse on Monday, March 29 from 6pm to 7:30pm for a night of fun and games! We will be serving soft drinks and appetizers. A good time is sure to be had by all! More information will be sent out later in the month.

St. Patrick's Day Recipe

Corned Beef and Cabbage

5 pounds corned brisket of beef
6 peppercorns, or packaged pickling spices
3 carrots, peeled and quartered
3 onions, peeled and quartered
1 medium-sized green cabbage, quartered or cut in wedges
Melted butter (about 4 tablespoons)

Place the corned beef in water to cover with the peppercorns or mixed pickling spices (in supermarkets, these often come packaged with the corned beef). Cover the pot or kettle, bring to a boil, reduce heat and simmer 5 hours or until tender, skimming occasionally. During the last hour, add the carrots and onions and cover again. During the last 15 minutes, add the cabbage. Transfer meat and vegetables to a platter and brush the vegetables with the melted butter. Serve with boiled parsley potatoes, cooked separately. (The stock can be saved to add to a pot roast or stew instead of other liquid.)

